



HAPPY HOLIDAYS

NEWSLETTER 2023|30

CALENDAR

IOS Seminar

Tamás Hajdu (Institute of Economics,
Centre for Economic and Regional Studies, Hungary)

“Temperature Exposure and Sleep Duration: Evidence from
Time Use Surveys”

Lunch Seminar

Veronika Püschel (University of Regensburg)

“Das Jahresgutachten des Sachverständigenrats zur
Begutachtung der gesamtwirtschaftlichen Entwicklung 2023/24”

Tue, Jan 09

14:00 - 15:30
Zoom-Meeting

Wed, Jan 10

12:00 - 13:00
H 26



ABSTRACTS AND FURTHER INFORMATION

IOS Seminar

Tamás Hajdu (Institute of Economics,
Centre for Economic and Regional Studies, Hungary)

“Temperature Exposure and Sleep Duration: Evidence from Time Use Surveys”

The Earth’s climate is projected to warm significantly in the 21st century, and this will affect human societies in many ways. Since sleep is a basic human need and part of everyone’s life, the question of how temperature affects human sleep naturally arises. This paper examines the effect of daily mean temperature on sleep duration using nationally representative Hungarian time use surveys between 1976 and 2010. Compared to a mild temperature (5-10 °C), colder temperatures do not influence sleep duration. However, as daily mean temperatures rise, sleep duration starts to strongly decline. The effect of a hot (>25 °C) day is –12.4 minutes. The estimated sleep loss is especially large on weekends and public holidays, for older individuals, and for men. Combining the estimated effects with temperature projections of twenty-four climate models under four climate change scenarios shows that the warming climate will substantially decrease sleep duration. The projected impacts are especially large when taking into account of the effects of heatwave days. This study also shows that different groups in society are likely to be affected in significantly different ways by a warming climate.

Info:

<https://ios-regensburg-de.zoom.us/j/61829883400?pwd=dVd6K3k3RGNE1VEMGoyRjBSXVLQT09>
Meeting ID: 618 2988 3400
Passcode: 108940

Lunch Seminar

Veronika Püschel (University of Regensburg)

“Das Jahresgutachten des Sachverständigenrats zur Begutachtung der gesamtwirtschaftlichen Entwicklung 2023/24”

Veronika Püschel, Scientific Staff Economist at the German Council of Economic Experts (GCEE), will present the GCEE 2023/24 Annual Report “Wachstumsschwäche überwinden, in die Zukunft investieren”. The presentation will be held in German.

Info:

in person



CONFERENCES, PRESENTATIONS AND ANNOUNCEMENTS

This is the last issue of RegensburgEconNews in 2023, covering the week after the Christmas holidays. The issue 2024|01 will be available on January 10, 2024.

RegensburgEconNews

Newsletter of the Institute of Economics and Econometrics

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Editorial deadline for Newsletter No. 2024|01:

Wednesday, January 10 | 11 am

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